

Shamanic Connection Newsletter

*Reconnect with Yourself, Spirit and Mother Earth
through Shamanic Practices and Other Healing Modalities*

Summer 2010

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Congratulations to Geoff Johnson-- the winner of our Winter Give Away.

Geoff received a copy of Joyce Sequichie Hifler's book, [A Cherokee Feast of Days: Daily Meditations](#)
Happy meditations Geoff!

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The Medicine Wheel Give Away

An underlying value of the give away is to keep one's belongings to a minimum, sharing abundance with all those around. So, we would like to share with you.

Since this is the last of the Medicine Wheel Series, the give away will be a bag of stones for a portable medicine wheel. Each stone is polished agate (about the size of a quarter) with a image of the direction's totem engraved into it.

[See More....](#)

To enter this drawing, simply reply to this newsletter with the word "drawing" in the subject line. On September 15, we'll pull a name from the basket!

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[Playshops, Workshops and Travel Schedules](#)



Greetings from Gary and Debbie at Shamanic Connection.

Happy July 4 to all our US friends. Here's wishing everyone independence. Independence from all those things ("things", thoughts, emotions, relationships, patterns...) that no longer are in your highest and best good.

We can't believe, we're half way through 2010 and we are just finally beginning to unwind and find ourselves (and all our "stuff"). We are still doing the "Where is ...? Are you sure it didn't get packed???" As many of you know, we moved from Arizona to Southern Oregon on May 1. So, we have really been rockin' and rollin' for quite a while.

We had set the move date late last year, but had much to do to finish remodeling our house in Arizona so we could rent it out. It's amazing all the little things we just tend to put aside until we "get time". This is one of those places where we would really have appreciated the extra hands from our "otherworldly friends". Kind of like in the Elf and the Shoemaker. But they just smiled and nodded and our four hands did all the work.

We are now "borrowing a lovely nest" here in Oregon. Gary said I was nesting, but I informed him this wasn't may nest, we are just borrowing a nest (we are renting). We have lovely land preserves and mesas to our northwest, where many very intersting Ancestors live. We have been visited by the Snake Clan, the Raven, Hawk and Heron People, the Deer People (hence the 10' fence around my vegetable garden) and I was graced with a visit from a bald eagle. It's nice to see robins and squirrels in the yard again. And, it's good to be "home".

After we have settled in, we will begin our search for property and a home for our retreat. There are so many beautiful places here, we will have to wait for some spiritual guidance to find the "right place".

We are looking forward to begining networking and opening up some teaching circles in the autumn.

Of course, we are still traveling and teaching. You can keep up with our antics on our [Facebook Fan](#) page or through our [calendar](#) online.. Join us.

In fact, for our Phoenix friends, Debbie will be joining her circle there the weekend of August 14th for a [Stories from the Time of Magic](#) circle. Check it out and join her.

As always we welcome input from the members of our shamanic family. Items for our vision board about the retreat would be exciting. If you have ideas for new playshops, would like to plan a playshop in your area, or some fabulous new flower essences formula for us to create, or just some suggestions to add to our newsletter, please don't hesitate to email or call us.

You are on our list because you have signed up through our website or are a client of either Gary or Debbie Gent. If you need to update your email address or should you choose to be removed from this email list, **please use the link below to delete your email**. We'll be sorry to see you go, but we understand.

Mitakuye Oyasin, (a Lakota prayer as a reminder that we are all realted)
Gary & Debbie

[Please consider the environment before printing this newsletter.](#)

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Stepping into the Medicine Wheel

This is the last of the Medicine Wheel series.. We began our journey in the East Gate and have moved around to the North, ending now, in the Center. For those new to our mailing list, you can follow the series beginning with the [introduction to the medicine wheel](#).

The Center- All That Is

We have journeyed the four quadrants of the Medicine Wheel. Like the spokes of a wheel, the four quadrants radiate out from the Center.

The Center is the Great Mystery. It is the beginning and the end. Center is all and nothing.

Check out our blog !!



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On the Web at:**

www.shamanicconnection.com

Gary Gent -
gary@shamanicconnection.com

Debbie Gent -
debbie@shamanicconnection.com

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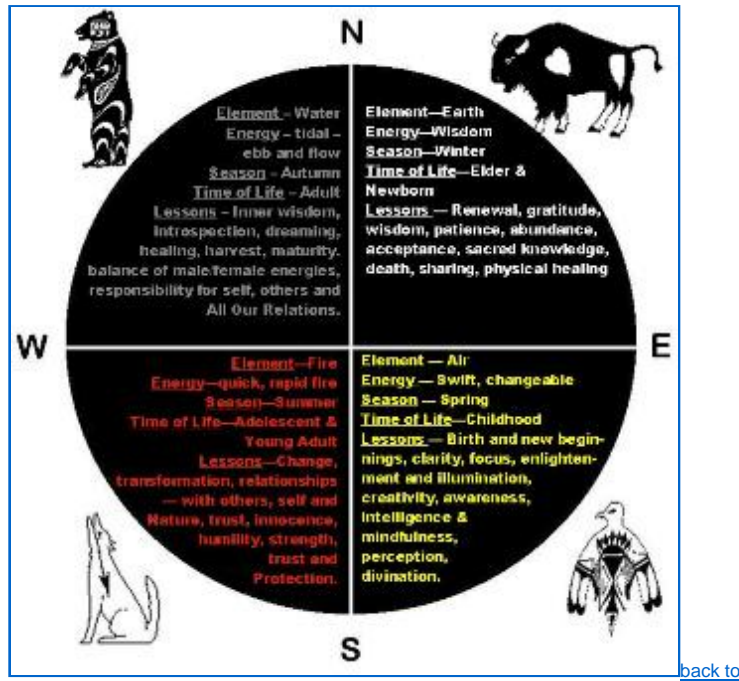
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It is the universal energy that is within everything. The Center is that which people call Creator, Great Spirit, God, Goddess, Spirit, Allah, Yahweh, Onkar or many other names. In fact, in many languages, the word for Creator is a verb, indicating the motion and pulsing of this sacred, never ending energy.

There are no totems or particular attributes assigned to the Center. Everything is part of the Center, and the Center is a part of every thing.

It is in the Center that we learn about ourselves... about our ability to create, about our faith, about our role in life, about our faith and find joy and beauty. In the Center, we are going deep within and discovering our Self. From here we are able to freely give of this Self so that others may know joy and beauty. It is from the center that we can walk in balance with all directions.

As we visit the Center and become one with the Great Mystery. We then radiate out and begin to traverse the wheel again, continuing the spiral of change and growth.



Our Mission at Shamanic Connection is to help people to reconnect with themselves, Spirit and Mother Earth through Shamanic practices, soul retrieval, sacred ceremonies and other healing modalities. Our job is twofold— to assist our clients in reacquiring the tools for their growth and then to hold a safe space for them to do their work.

It is by using these new tools that growth and healing happen.

Mitakuye Oyasin,

(a Lakota prayer as a reminder that we are all related)

Gary & Debbie Gent
Shamanic Connection

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