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# Awaken Your Inner Shaman

*Reconnect with Yourself, Spirit and Mother Earth  
Through Shamanic Practices*

## Shamanic Connection's Newsletter

Spring 2011

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### Spring Special

All orders over \$20  
(playshops excluded) Will  
receive a **FREE** bag of  
[Gifting Herbs](#).

Special ends 5/30/11  
Enter the code **SPRING**  
in the discount/coupon  
box and we will include  
your herbs with your  
order.

[Come explore our  
market!](#)

UPCOMING  
PLAYSHOPS,  
WEBINARS AND  
TRAVEL SCHEDULE

[Awaken Your Inner  
Shaman - An Introduction  
to Shamanic Journeying  
with Gary and Debbie Gent](#)  
Saturday, April 9, 2011 |  
10am-5pm  
Shamanic Connection,  
Central Point, OR

[The Healing Ways of the  
Shaman -- Shamanism  
and Soul Recovery](#)

### Shaman's News

Thank Spirit and the Mother that Spring has arrived! It's been a tough winter for many of us and signs of Spring are a welcome sight. I've been feeling the stirrings since the beginning of February, which is the beginning of Spring for my Celtic Ancestors. I've had to resist the temptation to put my garden in, but, I DO have the planning done and the tomatoes started in the bathroom.

And, it's baby chick time! Gary has been enjoying building me a "chicken tractor" (Portable chicken pen & coop) for the "girls". THIS is what the shaman does on their weekend off! Pictures will be on [Facebook](#) when it's done.

Being our first winter in a while in the cooler (and wetter) climate, we survived well. Only one cold/flu bout that Gary brought home from a trip to New Jersey. And we didn't RUST!

I made a trip in February to Phoenix for some sunshine and wound up getting caught in their cold spell. It was actually warmer here at home than in Phoenix! I was certainly glad to get home where I had warmer clothes!

We have been settling in and meeting new folks in the community. They are a little leery of us yet. Our openness about our shamanic lifestyle is different for them. But, folks are beginning to figure out we don't bite.

On a very sad note, many of you know our wonderful, huge cat, Pharaoh. He returned Home to Spirit on March 15. He befriended everyone who entered his home, and participated and held space in many shamanic and drum circles with us over the years. He will be deeply missed. He now resides in the Mother's womb, on the top of a hill under some oak trees. We were blessed to have him in our lives and our circles.

Okay that was the bad news, now for some good stuff. First, you may have noticed we have a new name for our newsletter -- **Awaken Your Inner Shaman**. This is our new tag line and we love it! It puts our mission statement into four simple words! How cool is that?? And, I'm working out some kinks with the new newsletter program so bear with us. I'll find a way to make these gray hyperlinks a different color yet!

We will be doing our very first webinar in May! We are getting our feet wet with [The Healing Ways of the Shaman -- Shamanism and](#)

Webinar with Gary and  
Debbie Gent  
Wednesday, May 4, 2011 |  
6-8pm Pacific

Aspects of Self Shamanic  
Retreat  
with Gary Gent  
June 3-5, 2011  
Mt. Laurel, NJ

Private Soul Recovery  
Sessions  
with Gary Gent of  
Shamanic Connection  
June 6-9, 2011  
Private residence in Mt.  
Laurel

Creating the Sacred  
Drum - A Drum Making  
Playshop  
facilitated by Gary and  
Debbie Gent  
Saturday, June 18, 2011  
10am - 5pm  
Shamanic Connection,  
Central Point, OR

**Ongoing Events:**  
Drum Circle  
Second Friday  
7:30 PM until ???  
Location: Shamanic  
Connection -- Central  
Point, OR

Shamanic Journey Circle  
Fourth Monday  
7:30 PM until 9:30 PM  
Location: Shamanic  
Connection -- Central  
Point, OR

See Our Calendar



Soul Recovery. This is an introductory webinar that explains shamanism, soul recovery and the shamanic journey process. It is open to everyone. So, if you have family or friends you'd like to introduce to shamanism, this is a great way for them to find out more. There will be no charge for this webinar, but we always appreciate offerings.

If this goes well, we will begin to offer some of our playshops and a shamanic journey circle by webinar. We will keep you posted.

Our online marketplace is going well. We've added a couple new items and there are some new, hand made smudging bowls in the works from a friend in Phoenix who throws pottery. And, I have some new Shaman's Potions™ in the planning phases. So look for them with our next newsletter. Don't forget to check out our Spring Special and receive a FREE bag of gifting herbs with orders over \$20.

Remember, to stay on top of what's happening here at Shamanic Connection, join us on Facebook and check out the Shaman's Blog.

You are on our list because you have signed up through our website or are a client of either Gary or Debbie Gent. Should you choose to be removed from this email list, please use the link below to manage your subscription and delete your email. We'll be sorry to see you go, but we understand.

Mitakuye Oyasin, (a Lakota prayer as a reminder that we are all related)  
Gary & Debbie

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## Helping Our Animal Companions

Many of us have at least one fuzzy, furry, feathered, leathered or finned companion that share our home and heart space. They are our friend, confidant, support, healer and even our "kids" and "significant other". They are simply a part of our family. And, like any other family member, they pick up on our life's situations and can become stressed and strained and acquire physical and/or emotional issues, just like any other member living in a group situation. Things like illness, divorce, death and financial stress affect our animal companions just like they would our children or partners

Animals also have a soul path of their own they must traverse. Like us, they have specific lessons that their soul must learn in this lifetime. And, like us, some of their paths are not easy. They experience trauma that cause their soul to fracture or split.

So, when we're asked about doing soul recovery for animals the answer is a resounding "yes". We do a soul recovery just like we would do for you. We contact their guides for permission and return what soul pieces are appropriate. Then if required, we are guided through an extraction to clean up their energy system. The only difference is that they don't have to do "the homework". The soul pieces automatically integrate. They don't play the mind games with themselves or have the resistance we do as humans.

It has been our experience that in general, dogs tend to take on the physical or emotional issues of "their people". We have a client with a long term illness that creates a lot of toxicity. Her dog that she had for many years was depressed and had no energy. During his journey, we found him lying next to her in bed and he had merged

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### CONTACT US

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his energy with hers. He told me that it was "his duty" to take on her illness. We explained that this was not helping her and was even causing more stress because she worried about her beloved friend. He then agreed to separate and we returned this soul piece to him. During extraction we also found energetic cords that he was using to absorb her energy. These were cut and he continued to improve. Releasing him from absorbing all the toxic energies had no effect on our client.

Recently, I was asked to assist another dog who was blind and had developed a cough. Sometimes he would begin to cough so hard he would not be able to breathe. They had visited many a vet, traditional and holistic, and the dog was on medications and an inhaler. In our extraction, we found little green gremlins in his lungs, producing a gas and tickling his bronchial tubes, that was causing him to cough. There really wasn't much change after the journey. After talking further with his people, we found out that this was happening if they were not paying as much attention to him as he felt they should, such as if he didn't get fed when he wanted, and other times he felt ignored. Much like a two year old throwing a temper tantrum. We returned to journey space and my guides gave him a very stern talking to and that he was to "quit pulling their chain". They were going out of their way to accommodate his blindness and that his family was being made aware of his manipulations and they would not work any more. It took a while for the situation to improve because it had become a learned behavior that needed to be modified, but he did improve slowly and there was less attention getting behavior.

One of my favorite "miracle" cases comes from our own household. Back in 2002 our cat, Pharaoh, decided to have an altercation with a car. When I picked him up from the hospital at the Humane Society where he was taken, they weren't expecting him to live. Around his eye was pretty cut up, but there didn't appear to be any broken bones. My vet sent me to a specialist for head trauma. The prognosis wasn't good, but he stayed in ICU. Gary was out of town and I called and his guides began the process of taking care of Pharaoh's injuries. We would get call after call from the vet, telling us that he had fluid in his lungs or that he wasn't recovering. And journey after journey, and extraction after extraction, we would get the "It seems that he's now doing fine" call. After a week, he was allowed to come home. The vet was still shaking his head wondering how this guy survived and was walking. The after effects were minimal and he lived a long and happy life.

Miracles can happen thanks to Spirit and the willing spirit of the animal. Another was 12 year old mare who was having liver and kidney issues and was not eating. She was lying down and would not get up to move. Not eating she had no energy. She was also having some foot issues. Her extraction included removing a coating that was preventing her from eliminating toxins from her system and cleaning her whole digestive system which had hardened. We were then directed to a soul piece that was stuck. Her feet were literally stuck almost like they were glued to the ground and she couldn't move. She wanted to "go home" but wasn't sure of the direction. For her this meant her spirit home. We released her and once she was again able to move, her guides asked her to decide if she wanted to return home to Spirit or to her people in this worldly plane. She decided to stay. When my client returned home from work that evening, before she even called in for the report, she found the horse standing at the food trough eating. She continued to eat and regained her strength. She languished and revived over a nine month period as her soul completed its journey and chose to return Home.

Sometimes though, the healing comes in the form of helping the animal's spirit to leave. Another one of my horses was a rescue with a facial deformity. This was causing problems with his breathing and causing seizures. When we approached the horse for soul recovery he ran. He was confused and said that he didn't want healing. We asked if we could make him comfortable and were allowed to do some extraction work to ease the seizures. We cleaned and reconnected broken energy pathways as we were allowed. Within a few weeks we were informed that the horse had made his transition. The path that he chose for healing was to return to Spirit.

I could go on and on with the many cases we've worked with over the years, from physical issues and illnesses, to "acting out" or other behavioral upsets, to helping someone's companion to complete their earth walk and return to the Mother. From the dog and cat, to the lizard and rat and every pet in between, a soul recovery can help your companion to be at his or her best.

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Our Mission at Shamanic Connection is to help people to reconnect with themselves, Spirit and Mother Earth through Shamanic practices, soul retrieval, sacred ceremonies and other healing modalities. Our job is twofold— to assist our clients in reacquiring the tools for their growth and then to hold a safe space for them to do their work. It is by using these new tools that growth and healing happen.

Mitakuye Oyasin,  
(a Lakota prayer as a reminder that we are all related)  
Gary & Debbie Gent  
Shamanic Connection

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